

AFTERCARE

aftercare

FAT DISSOLVING

Thank you for coming in to see us! We've loved having you in clinic today.

We want to help you get the most out of your treatment, and achieve the best outcomes possible. For this reason, we recommend that you follow your aftercare instructions carefully, especially regarding the use of any medications or specific wound care in order to minimise any risks and get help you achieve your aesthetic goals.

Following Treatment

- Redness, swelling & bruising are all expected side effects and should self-resolve.
- Post-treatment discomfort is completely normal. However, if you are experiencing extreme discomfort, pain or numbness please contact the clinic.
- Results may take 6-8 weeks to be visible and more than one treatment may be needed to achieve your desired outcome.

Post Treatment Instructions

- To alleviate swelling & discomfort, you may apply an ice pack to the treated area. The ice should be wrapped in a soft cloth and applied for 10 minutes out of every hour until bed time following your treatment, and as required in the subsequent days
- Avoid exercise, alcohol consumption, smoking and sleeping vertically for 24 hours post-treatment.
- Showers are permitted, but heat, hot water, sauna, hot tub may cause inflammation and swelling and is not recommended for 2 days post treatment. Do not rub treated areas with a towel or washcloth.
- Do not apply active cosmeceutical products, oil-based makeup or fake tan to the area treated. Avoid shaving/dermaplaning the area for 7 days.
- Avoid treatments to the area for 2 weeks (facials, waxing, chemical peels, skin needling, IPL/Laser).

Recommended Skin Care

In order to get the most out of your treatment, specific skin care may be recommended by your practitioner prior to and/ or post treatment.

Our team is also able to recommend products to help address any skin concerns you may have.

Adverse reactions

Some clients will develop a "histamine reaction" following treatment. Skin may become bumpy, red and itchy. If this does occur, take an over-the-counter antihistamine (hay-fever) tablet and if symptoms persist please contact that staff at Begone on (08) 9330 4400 and we will arrange a review consult.

If any other concerns arise please do not hesitate to call.

For most PDO Thread treatments results take between 6-8 weeks and more than one treatment may be required in order to achieve desired results.

Tel: 08 9330 4400 Email: reception@begone.com.au Website: begone.com.au
